



Your partners in protecting people

Training





About HSE

For nearly 20 years, Height Safety Engineers has been in the business of protecting people. From humble beginnings in the early 2000s, HSE now boasts a team of more than 70 fall protection and safety training experts. We are driven to provide holistic safety services to help people work safely.

Our three training centres - located in Sydney, Melbourne and Dubbo - have all been designed to suit the needs of the areas they serve. Through specialised mobile simulation trailers, HSE can also bring our expertise wherever it is needed right across Australia. HSE is a registered training organisation (RTO 91227).



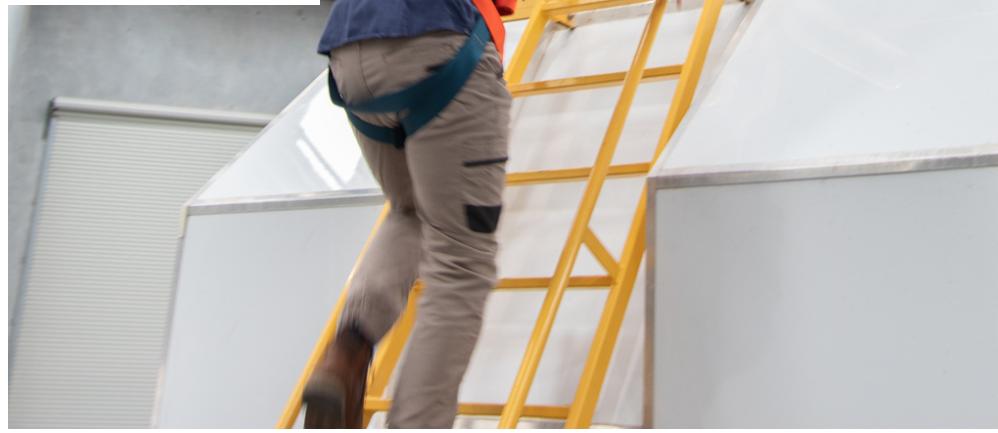
Call
1300 884 978

Email
training@heightsafety.net

Visit
www.heightsafety.net



Why train with us



We go beyond the basics

Training is about more than checking a competency box.

It's one thing for a student to complete a quick online course on how to wear a safety harness or how to identify asbestos containing material. But it's a completely different matter to be able to recall that information when it comes time to put it to use if a student has never had any hands-on training or practice.

A wide range of our courses incorporate not just theory but extensive practical components. At HSE, we feel this is particularly crucial for courses relating to height safety, confined spaces and working with asbestos. Students will get the opportunity to learn vital safety skills in a practical setting such as how to select, use and maintain the right gear, why it's the right gear to use, how to connect it properly and what actions to take in an emergency situation.

In addition to offering unparalleled hands-on training, our instructors are among the best in the industry. They bring decades of combined experience in the workplace safety industry to every course they teach. This invaluable knowledge is passed onto every student who comes through our doors.



State-of-the-art facilities

Purpose-built training centres provide real-world simulations

Many of our training classes are held at our training centres in Sydney, Melbourne and Dubbo. These purpose-built, hands-on facilities contain realistic simulations of height safety, asbestos and confined space working scenarios.

These facilities allow participants to experience:

- What it's like to work on both sloped and flat roofs at heights of up to 6 metres.
- How to scale a communications tower which is an exact analogue of the real thing.
- How to enter and manoeuvre around a realistic confined space environment.
- How to perform safe drilling and cutting techniques for asbestos containing materials.
- And many other practical scenarios using ladders, raised platforms, elevating work platforms (EWPs), ropes and harnesses.

Additionally, training can be held at your work or job site anywhere in Australia with our mobile simulation trailers.

The mobile simulation trailers allow our experienced trainers to not only deliver our high quality training courses in a location convenient for both employers and students, but to easily tailor training scenarios and exercises to the specific needs of your work or job site.



Services

Height Safety Engineers can provide a range of training services to take the stress out of ensuring your team has the skills they need to stay safe.



The team at Height Safety Engineers are always on hand to assist in finding solutions for your training needs. Contact us Monday to Friday on 1300 884 978 or email training@heightsafety.net.

Training plans

Ensuring your entire team has the training they need to safely go about their work can be complex. The experts at Height Safety Engineers can put together a complete program of training courses and nationally-recognised competencies to ensure everyone working at your site has the skills and knowledge needed to complete their work safely.

Competency management

Many units of competency require ongoing updating - often called refresher training - in order for the worker to continue to maintain their qualification. Our team can help you manage the status of your workers' training to ensure their skills are always updated within the recommended time frames.

Refresher courses and verification of competency

For those that have already completed training HSE offers a range of refresher courses designed to update your skills and keep your qualifications current.

Occasionally, a worker may be required by an employer to verify their competency. Height Safety Engineers are a trusted provider of verifications of competency. Ask our team for more information.

PPE supply

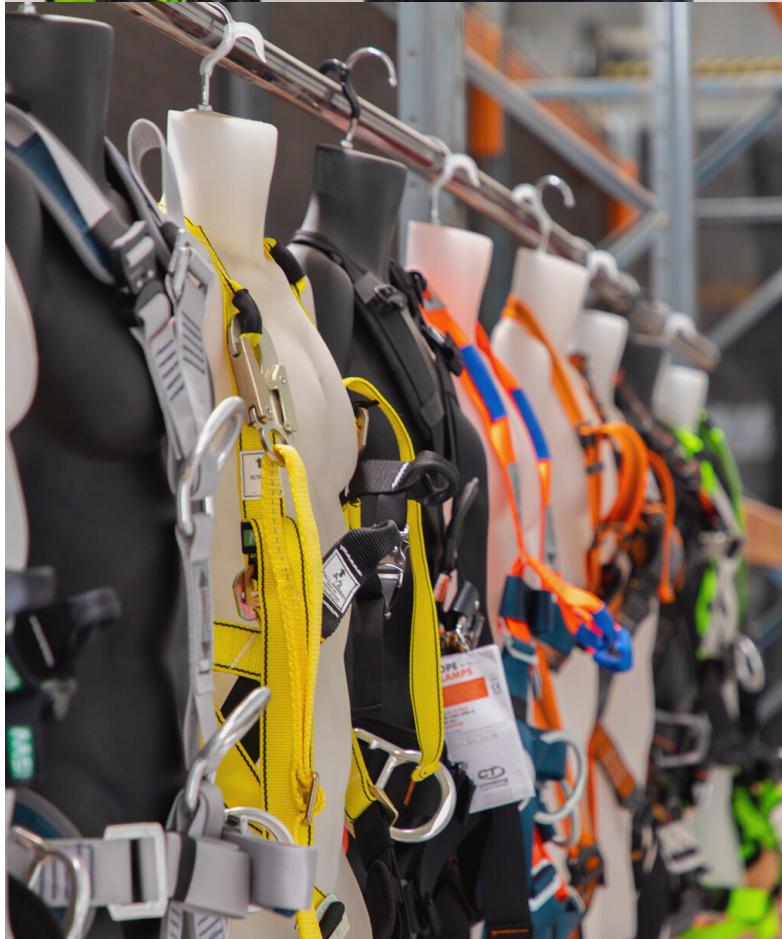
Height Safety Engineers can supply a wide range of PPE gear to your team ranging from ropes and harnesses to descenders, rescue equipment, breathing apparatus and more.

Our Sydney showroom is stocked with our most popular items, allowing you to find and fit the gear that suit your needs best.

PPE inspections

Many items of PPE are required to be inspected biannually (every six months) to make sure they are in good working order. The team at HSE can provide these inspections alongside your training course.

We also provide a full register of your equipment outlining when the next inspection is needed and when items are due to be retired from use.



Essential training



Explore more

www.heightsafety.net

Safety essentials

At HSE, we believe that every worker should have skills to assist in making their workplace safer, whether they be out working in construction, moving stock around a warehouse or sitting behind a desk in an office. Our range of essential courses are suitable for every worker in every industry.



First aid and CPR

Having the skills to respond quickly to an incident that requires first aid is a critical skill that everyone should have. At HSE, our first aid course provides training based around real world events you are likely to come across at home, work and in the community.

Manual handling

Protect yourself against the risk of painful musculoskeletal injuries by learning correct manual handling technique. This course is ideal for those working in warehouses and factories as well as offices or any place loads are moved manually.

Fire extinguisher

Meet your workplace health and safety obligations around the use of portable fire fighting equipment. This course includes real, hands-on experience using a range of fire extinguishers, fire blankets and hose reels used in response to fires in the workplace.

Industry and trade essentials

White card

CPCCWHS1001 Prepare to work safely in the construction industry is the most basic level of training required for anyone preparing to enter a job site. Known colloquially as the "white card", this course is one that everyone working in a trade is required to have.

Work safely at heights

RIIWHS204E Work safely at heights is the foundational height safety course. This course gives participants the skills they need to safely operate a range of fall protection systems and devices.

Asbestos awareness

10675NAT Course in asbestos awareness is a required competency for those working in the ACT. Outside of the ACT, it is still vitally important that workers know how to spot areas where asbestos may be present.

One day confined space

HSE's one day confined space training course is one of the few to include the critical MSMWHS217 Gas test atmospheres competency. Learn how to work safely in and around confined spaces.

Nationally recognised training

All our industrial and trade essential courses consist of nationally recognised units of competency. This means that no matter where you work in Australia, your completed competencies will be recognised.

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Training courses



Explore more

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Asbestos safety

Asbestos remains one of the most dangerous substances that a worker can come across during the course of their day. Understanding the risks of asbestos, how to work safely with it or remove it can protect workers against the risks of long-term, potentially fatal, illness.



10675NAT

Course in asbestos awareness

10675NAT Course in asbestos awareness is a required competency for those working in the ACT. For others, understanding the risks associated with asbestos is a critical safety skill.

This course can be paired with 10852NAT Course in working safely with asbestos containing materials.

10852NAT

Course in working safely with asbestos containing materials

This course teaches participants how to safely undertake minor works to areas that may contain asbestos contamination. It covers use of PPE, decontamination of equipment and drilling techniques. It is required to have completed 10675NAT Course in asbestos awareness prior to training.

CPCCDE3014

Remove non-friable asbestos

This course teaches participants the correct safe handling and removal of non-friable asbestos. Participants will learn how to prepare a site, undertake removal, decontamination and more. Participants must hold CPCCWHS1001 Prepare to work safely in the construction industry in order to undertake this course.



Confined space

One day course

Includes Gas test atmospheres competency

This foundational course teaches participants the essential skills required to safely work in and around confined spaces. Unlike other providers, HSE's one day confined space course includes the gas test atmospheres competency, rarely offered in a one-day course.

Two day course

Enhanced training tailored to your needs

The two day confined space offers clients the opportunity to combine the essential confined space safety skills found in the one-day course with a variety of additional competencies that can be tailored to suit the type of work being undertaken or the types of confined spaces being worked in.

Popular options for the second day include:

- Breathing apparatus
- Rescue
- Supervisor

Alternately, a custom set of competencies can be put together from across our full scope if required. We recommend talking to our training team on 1300 884 978 to discuss your confined space training needs.

First aid

First aid and CPR

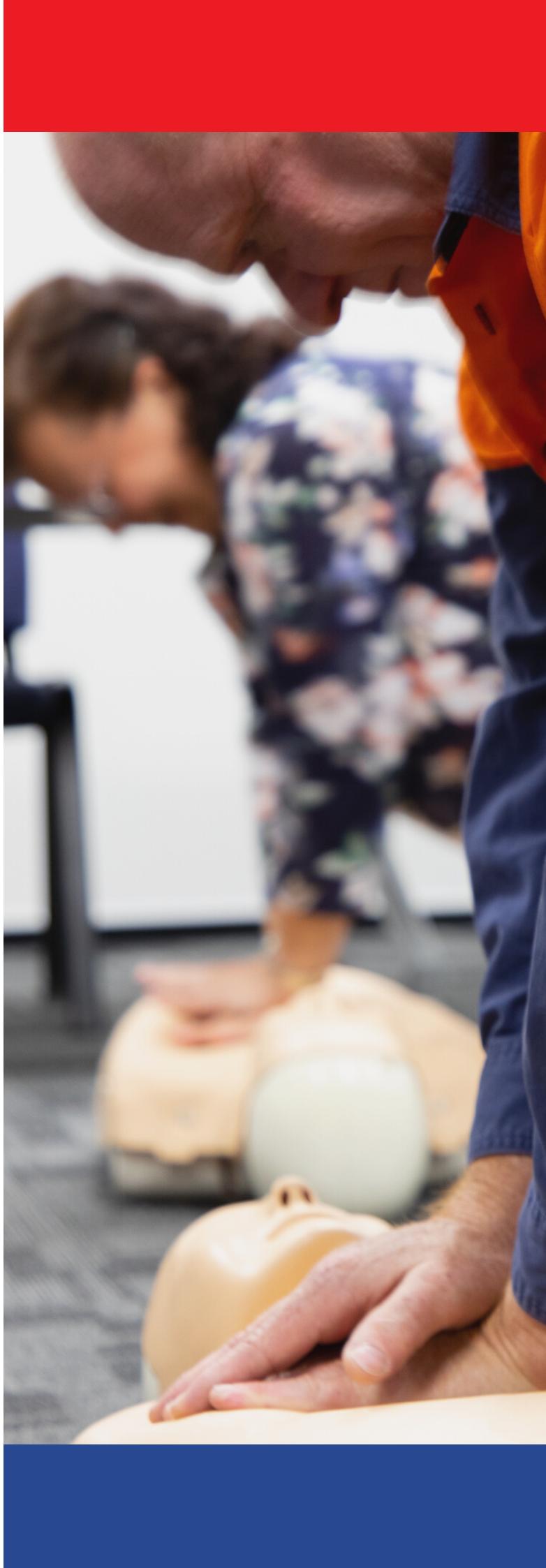
Having the skills to respond quickly to an incident that requires first aid is a critical skill that everyone should have. At HSE, our first aid course provides training based around real world events you are likely to come across at home, work and in the community.

Low voltage rescue and CPR

Undertaking work involving live electricity lines and panels introduces range of risks for workers. Low voltage rescue and CPR is designed to equip workers with the skills to respond to a situation where a colleague needs to be recovered from a low-voltage scenario.

Provide cardiopulmonary resuscitation

The aim of this course is to provide students with the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This course is suitable for the general public or anyone that may be required to provide CPR in a range of situations such as the community or workplace settings.



Height safety

Work safely at heights

Work safely at heights training helps to protect workers against one of the most common sources of workplace injury. This course is a must for anyone working in construction, building, infrastructure or any place where a fall from height may occur. Work safely at heights covers performance of risk assessments, use of PPE, work positioning, safe use of tools, SRLs, anchorages and more.

Height safety supervisor

As outlined in the standard successful participants of this Height Safety Supervisor course will have the ability to perform height safety work unsupervised, be able to supervise other height safety operators, as well as being able to lead or participate in first response rescue.

It may be required that participants have completed the HLTAID011 Provide first aid unit of competency prior to undertaking this course.



Provide telecommunications services safely on roofs

This course is similar to RIIWHS204E Work safely at heights. It also includes the competency ICTWHS201 Provide telecommunications services safely on roofs. This competency is aimed at those installing or repairing telecommunications services on roofs. This course is best suited towards those that work in telecoms and associated industries that are responsible for the installation or repair of equipment on roofs and other structures.

Plant and equipment



EWPA

Elevating work platform (under 11m) and yellow card

This unit provides participants with the skills and knowledge required to operate an elevating work platform under 11 metres. Elevating work platforms (EWP) can include boom, or knuckle lifts, scissor lifts and vertical lifts. This course allows participants to receive a yellow card from the EWPA.

Elevating work platform (over 11m)

This course provides participants with the skills and knowledge required to safely operate a boom-type elevating work platform (EWP) where the length of boom is 11 metres or more. Please note, the yellow card only applies for EWP less than 11 metres.

Forklift operation

The course covers all aspects of forklift operation including planning your movements, maintenance checks, safe movement of loads and more. At the completion of the course, successful students can apply to SafeWork NSW to receive their licence which is valid anywhere in Australia.



Rescue and emergency



Participate in a rescue

PUASAR022 Participate in a rescue operation

This unit covers the competency required to participate in rescue operations as a member of a rescue team. This unit underpins specialist rescue operations. The application of this unit in the workplace covers a wide range of rescue and environmental situations, which may include industrial, rural, bush and extreme environmental conditions.

The individual will work under supervision in a team but may be responsible for completing individual tasks relating to a rescue. The unit is typically performed by personnel from emergency services and/or volunteer organisations.

This unit of competency may be contextualised to cover a variety of rescue scenarios using pre-rigged rescue kits or advanced rope rescue equipment, including:

- Confined space rescue
- Trench rescue
- Industrial rescue
- Vertical rescue

All courses at a glance

All training courses are nationally accredited unless otherwise noted

Asbestos training

- 10675NAT Course in asbestos awareness
- 10852NAT Course in working safely with asbestos containing materials
- CPCCDED3014 Remove non-friable asbestos
- Asbestos, silica, drug, alcohol and manual handling awareness (non-accredited)

Confined space training

- One day confined space
 - Includes MSMWHS217 Gas test atmospheres
 - Also available as a refresher
- Two day confined space
- RIIWHS401E Supervise work in confined spaces
- MSMWHS216 Operate breathing apparatus
 - Also available as a refresher

First aid training

- First aid and CPR
- Low voltage rescue and CPR
- HLTAID009 Provide cardiopulmonary resuscitation

Height safety training

- RIIWHS204E Work safely at heights
 - Also available as a refresher
- Provide telecommunications services safely on roofs
- Height safety supervisor
- SPRAT twin rope
 - Level one
 - Level two
 - Level three

Induction programs

- Asbestos, silica, drug, alcohol and manual handling awareness (non-accredited)
- Workplace impairment training (non-accredited)

Plant and equipment training

- Elevating work platform (under 11m)
 - Includes yellow card
- Elevating work platform (over 11m)
- Elevating work platform plus escape and rescue
 - Under and over 11m
- TLILIC0003 Licence to operate a forklift truck
- SISXFAC001 Maintain equipment for activities (equipment inspector training)

Rescue training

- PUASAR022 Participate in a rescue operation
- Industrial rope rescue (non-accredited)

Workplace health and safety training

- Fire warden
- Fire extinguisher
- CPCCWHS1001 Prepare to work safely in the construction industry (white card)
- TLID1001 Shift materials safely using manual handling methods
- HLTPAT005 Collect specimens for drugs of abuse testing
- Lock out, tag out, isolate and access plant
- Manual handling (non-accredited)
- Asbestos, silica, drug, alcohol and manual handling awareness (non-accredited)

Training centres

Sydney

4 Austool Place
Ingleburn NSW 2565

Dubbo

87B River Street
Dubbo NSW 2830

Melbourne

12 Mareno Road
Tullamarine VIC 3043

Contact us

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